

GRAFOMOTORIKA 4

Chceš sa naučiť pekne a správne písať? Tieto cvičenia ti v tom môžu pomôcť. Najprv tvary obtiahni, a potom dokresli rovnaké tvary až do konca riadka. Tvary obtáhuj a kresli v smere šípok. Je to dôležité pre pekné a plynulé písanie. Snaž sa ustrážiť si správny skoln a výšku tvarov.

The handwriting practice sheet contains 12 rows of exercises. Each row is defined by three horizontal lines: a top line, a middle line, and a bottom line. The exercises are as follows:

- Row 1: A solid arch starting from the middle line, peaking at the top line, and ending at the middle line. An upward-pointing arrow is at the start. This is followed by 10 dashed arches for tracing.
- Row 2: A solid arch, followed by 10 dots placed on the middle line.
- Row 3: A solid oval starting from the middle line, peaking at the top line, and ending at the middle line. A downward-pointing arrow is at the start. This is followed by 10 dashed ovals for tracing.
- Row 4: A solid oval, followed by 10 dots placed on the middle line.
- Row 5: A solid U-shape starting from the middle line, dipping to the bottom line, and ending at the middle line. This is followed by 10 dots placed on the middle line.
- Row 6: A solid wave starting from the middle line, peaking at the top line, and dipping to the bottom line. An upward-pointing arrow is at the start. This is followed by 10 dashed waves for tracing.
- Row 7: A solid wave, followed by 10 solid grey circles.
- Row 8: A solid wave, followed by 10 dots placed on the middle line.
- Row 9: A solid wave starting from the middle line, peaking at the top line, and dipping to the bottom line. A downward-pointing arrow is at the start. This is followed by 10 dashed waves for tracing.
- Row 10: A solid wave, followed by 10 solid grey circles.